



georgia
memory net

Clarity. Care. Community.

Early Alzheimer's Diagnosis Makes a Difference

Hundreds of thousands of Georgians have noticed signs of memory loss or cognitive impairment, but haven't received a diagnosis for those symptoms. If you're one of those people, you should know the benefits of early dementia diagnosis.

READY TO SEEK DIAGNOSIS?

Make an appointment with your Primary Care Provider as soon as you can to talk about your concerns. You can ask if a referral to Georgia Memory Net for accelerated, accurate diagnosis of Alzheimer's disease and related dementias is the right next step.

SOURCE:

<https://news.harvard.edu/gazette/story/2024/07/alzheimers-study-finds-diet-lifestyle-changes-yield-improvements/>

The Benefits of Early Diagnosis



DIFFERENT DEMENTIAS

Alzheimer's isn't the only form of dementia. Different causes of memory loss require different treatments — some are very treatable.



LIFESTYLE CHANGES

Research suggests lifestyle changes like diet, exercise, and socialization may slow or even improve cognitive decline in early stages.



CLINICAL TRIALS

Clinical trials on the forefront of Alzheimer's and dementia research are often only available to people who have a diagnosis.



CUSTOMIZED CARE

A diagnosis means your healthcare team can create a customized care plan specific to you and your diagnosis.



NEW THERAPIES

Breakthrough new therapies are arriving that are only beneficial for people in the early stages of Alzheimer's.



PLANNING

Catching dementia early gives you an opportunity to make plans for the future, involving and informing the people you care about.



SUPPORT

There are programs all around Georgia that support people living with dementia and their care partners.



CLARITY

Dementia can be scary, but knowing what's going on will provide clarity for treatment options, support, and maintaining the best quality of life.