

> THE ANNUAL WELLNESS VISIT



What is the Annual Wellness Visit? (Also called the AWV or the Medicare Annual Wellness Visit)

A free yearly appointment for people over 65 with their provider.

- Paid for by Medicare
- Non-invasive
- Administered in person or via telehealth
- Designed to help prevent disease and disability



Am I qualified for a free Annual Wellness Visit?

If you can say yes to all of the following, you're qualified:

- Are you a US adult over the age of 65?
- Are you enrolled in Medicare plan B?
- Has it been at least 12 months since your previous Annual Wellness Visit?



What happens during an Annual Wellness Visit?

It's not a typical physical. Your provider will review your overall health, risk factors, and opportunities for healthy living. They may:

- Check your vitals
- Ask about your medical history, social history, and emotional health
- Share information on preventative services like screenings, shots and referrals
- Check the health of your memory and thinking
- Set shared goals for preventing future illness



How do I prepare for my Annual Wellness Visit?

All you really need for the Annual Wellness Visit is yourself, but it's helpful if you prepare the following in advance of the visit:

- Collect prior medical information like immunization records
- Gather information about your family's health history
- Bring a list of all the drugs and supplements you take
- Prepare notes on your current level of physical activity



What do I do next?

Ready for your free Annual Wellness Visit? Setting it up is easy!

Call your primary care provider's office today, and tell them, "I want to schedule my Annual Wellness Visit."

Visit www.GoAnnualGA.com for more information.

NOTE: During your Annual Wellness Visit, your provider may discover a new or existing health problem. Any additional care they give you during your visit is considered diagnostic and is billable to your insurance plan.